U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No. 1215-0188
Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 15038	2. Fiscal Year Covered From:
	1 / 1 / 2004 Through: 12 / 31 / 2004
3. Name and address of person filing.	4. Name, file number, and address of labor organization.
Name Bret Helms	Name UA Local 375 Plumbers & Steamfitters Labor Organization File Number $06/93$
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any
Street 770 Bennett Road	Street 3568 Geraghty Street
City Fairbanks	City Fairbanks
State Alaska ZIP Code + 4 99712	State Alaska ZiP Code + 4 99709
5. Position in labor organization. Employee	

Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or monetary value from an employer whose employees your organization.	
6. Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.
Name Plumbers & Steamfitters Local 375 Joint Apprenticeship Committee	(3) Trustee dinners provided Alaska Works Annual Meeting
Trade Name, if any:	Governors Safety & Health Conference UA Michigan Conference
P.O. Box, Bldg., Room No., if any	Alaska Apprentice Training Coordinators Net Wages for 2004 7.b. Amount.
Street 1978 Burgess Avenue	Value of Dinners (3) 223.00
City Fairbanks	Alaska Works reimbursement 522.81 Governors Safety reimbursement 667.04 UA Michigan reimbursement 1901.75
State Alaska ZIP Code + 4 99709	Alaska Apprenticeship Training 401.95 Net Wages 2004 69376.36

Signature

undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the ins	tructions.)
Signed Buddels On 8-15-05 Date	907-456-2349 Telephone Number

Name of Person Filing Bret Helms	File Number U-
B. Held an interest in or derived income or economic benefit with monetary va substantial part of which consists of buying from, selling or leasing to, or other of an employer whose employees your labor organization represents or is acti (2) any part of which consists of buying from or selling or leasing directly or included with your labor organization or with a trust in which your labor organization.	wise dealing with the business yely seeking to represent, or directly to, or otherwise
8. Name and address of Business (including trade name, if any).	9, Business deals with:
Name n/a	a. Labor Organization
Trade Name, if any:	b. Trust
P.O. Box, Bidg., Room No., if any	c. Employer
Street	
City	
State : ZIP Code + 4	
10. If 9.b. or 9.c. is checked give trust or employer's name.	11.a. Nature of such dealing.
Name n/a	n/a
Trade Name, if any:	
P.O. Box, Bldg., Room No., if any	
Street	11.b. Approximate dollar value of such dealing.
City	12.a. Nature of interest held or income received.
State ZIP Code + 4	
	n/a
	12.b. Amount.
C. Received from any employer (other than an employer covered under or from any labor relations consultant to an employer any payment of money	er parts A and B above) or other thing of value.
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.
Name	:
n/a	n/a
Trade Name, if any:	
P.O. Box, Bidg., Room No., if any	;
Street	
City	
State ZIP Code + 4	
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.

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File Number U-